

# **Arkansas Region of Narcotics Anonymous**

## **Guidelines And Policies and Procedures**

Revised 02-04-2018

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# **Guidelines**

**For the**

**Arkansas Regional Service Committee of Narcotics Anonymous**

## **PURPOSE**

The purpose of the Arkansas Regional Service Committee of Narcotics Anonymous (ARSCNA) is to be supportive of its member Areas and Groups and their primary purpose of carrying the Narcotics Anonymous message to the addict who still suffers. This is achieved by associating the Areas and Groups within its geographical boundaries and to serve as a communication link between them. The ARSCNA also exists to assist its member Areas and Loner Groups with situations and needs outside the scope of their experience and to provide identified services on a statewide basis. Through all of this, the Arkansas Regional Service Committee encourages the growth of the Fellowship of Narcotics Anonymous. Although the Arkansas Regional Service Committee members may offer experience, strength, and hope as well as suggestions, the ARSCNA does not have binding authority over the decisions or activities of any Areas or any Groups.

## **DEFINITION**

The Arkansas Regional Service Committee (ARSCNA) was formed in September of 1990. It is a committee made up of Trusted Servants from its member Areas and Groups that come together to serve as a resource to the Narcotics Anonymous community within the Arkansas Region. This committee is designed to serve by addressing the common needs of its member Areas and Loner Groups. The ARSCNA serves several basic functions:

1. To carry the message of Narcotics Anonymous through the actions of the ARSCNA
2. To unify the Areas and Loner Groups within the Arkansas Region through open lines of communication and sharing
3. To contribute to the growth of Narcotics Anonymous by initiating much of the work to be finalized at the World Service Conference
4. To provide funding, as well as, human resources for World Services
5. Permanent Regional Mailing Address established 9/94; updated 6/6/99.

Arkansas Regional Service Committee of NA  
1310 Eastside Centre Ct 6 216  
Mountain Home, AR 72653  
1-800-338-8750

The UPS Store will send mail to Secretary on the first and third Monday of each month.

## **TRADITION NINE**

The Tradition states that we ought never be organized, but we may create service boards and committees. We are not organized in the sense that there is no management or control. We are directly responsible to those we serve. Whether or not the Areas and Loner Groups choose to utilize our services is up to them.

## **TRADITION TWO (FIRST 2 PARAGRAPHS)**

"For our Group purpose there is but one ultimate authority- a loving God as He may express himself in our group conscience. Our leaders are but trusted servants; they do not govern."

In Narcotics Anonymous, we are concerned with protecting ourselves from ourselves. Our 2<sup>nd</sup> Tradition is an example of this. By nature, we are strong-willed, self-centered people who are thrust together in N.A. We are mismanagers and not one of us is capable of consistently making good decisions.

In Narcotics Anonymous, we rely on a loving God as He expresses Himself in our group conscience, rather than on personal opinion or ego. By working the steps, we learn to depend on a Power greater than ourselves, and to use this Power for our group purposes. We must be constantly on guard that our decisions are truly an expression of God's will. There is often a vast difference between group conscience and group opinion, as dictated by powerful personalities or popularity. Some of our most painful growing experiences have come as a result of decisions made in the name

of group conscience. True spiritual principles are never in conflict; they complement each other. The spiritual conscience of a group will never contradict any of our Traditions.

### **FINANCIAL**

1. The Arkansas RSC is dependent on contributions from Members, Groups, Areas, and donations from fund-raisers. These contributions are voluntary and the Arkansas RSC welcomes whatever amount each Member, Group, or Area deems appropriate.
2. All funds received by the Arkansas Region above prudent reserve and pending motions are to be forwarded as follows: 70% to Narcotics Anonymous World Services (NAWS), and 20% to Southern Zonal Forum (SZF), and 10% into a general travel fund for ARSC trusted servants and subcommittee chair members.
3. The Arkansas RSC shall approve all Arkansas RSC spending.
4. Any expenses of Arkansas RSC trusted servants to be reimbursed shall be vouchered by having a receipt or receipts in hand, submitted to the Arkansas RSC Treasurer and approved by the Arkansas RSC.
5. Any funds advanced, after RSC approval, in anticipation of expected expenses, will be verified by receipt submitted to RSC Treasurer (*as outlined under FINANCIAL section of Policy and Procedures Manual for the ARSCNA*).
6. Arkansas RSC funds shall never be used as personal funds.
7. Updated ARSC budgets will be included in minutes of each ARSC meeting.

### **RECOUPING REGIONAL FUNDS**

The recouping of Regional funds shall be determined as defined in the *Policy and Procedures manual*.

### **BECOMING PART OF THE REGION**

- 1) For the purpose of seating at the ARSCNA, an Area will be defined as
  - i) Having multiple Groups
  - ii) Having 1 or more active subcommittees
  - iii) Have been functioning as an Area for at least 6 months
- 2) Upon attending the second meeting, the RCM will have a report containing:
  - i) The number of meetings in the Area/Group. ii) The number of Groups in the Area. iii) The number of H&I meetings in the Area. iv) Names and addresses of elected Trusted Servants in the Group/Area.
  - b) NOTE: This report is for direct communication between subcommittees on Area, Regional, and World levels.
- 3) Any Area or Loner Group, who wishes to, can avail itself of the RSC services if needed, without joining the Region.

### **SPECIAL VOTES/MEETINGS**

1. To hold a special vote of the Arkansas Regional Service Committee:
  - a) Due cause should be determined and initiated by the RSC Chairperson upon consulting the RSC Administrative Committee.
2. To hold a special meeting of the Arkansas Regional Service Committee:
  - a) May be called by the RSC Chairperson upon consulting the RSC Administrative Committee, and/or may be called by the written or phone request of 50% of the RCMs and/or their Alternates.

### **QUORUM**

1. If quorum is not reached, all business with exception of old business, new business and elections may be conducted.
2. Official quorum is a simple majority of member Areas/Loner Groups.
3. Only duly elected Representatives are eligible for quorum.
4. No proxy representatives. No absentee voting.

### **VOTING**

- 1) Voting is to determine God's will as expressed through Group conscience; it is not to determine personal opinion. The exercise of Group conscience is the act by which our members bring the spiritual awakening of our Twelve Steps directly to bear in resolving issues effecting Narcotics Anonymous.
- 2) All RCMs or their Alternates are eligible to vote, if a consensus cannot be reached and a vote becomes necessary, otherwise any Narcotics Anonymous member of the Arkansas Region of Narcotics Anonymous can participate in the Consensus-Based Decision-Making process with the exception of the ARSCNA Chairperson or Vice-Chair.
- 3) The only motions referred back to member Areas and Loner Groups for a vote will be:
  - i) All motions affecting the basic tenets of Narcotics Anonymous as a whole (i.e.: Basic Text, Twelve Steps, Twelve Traditions, Twelve Concepts, etc.)
  - ii) Or any motions deemed necessary by consensus or by simple majority of the RCMs.
- 4) The ARSCNA utilizes a consensus based decision-making process. A consensus is considered to be 100% of the participating votes in agreement. All effort should be made to further understanding and discussion of any issue on the floor until a consensus is reached.

### **DISCUSSION LIMITS**

Discussion limits shall be determined as defined in the *Policy and Procedures manual*.

### **ELECTION OF TRUSTED SERVANTS**

- 1) RSC Trusted Servants should be selected from the best informed, most trusted, and most active members in order that they may best serve their region's needs and the needs of Narcotics Anonymous.
- 2) Nominations should be solicited from each Area and/or Loner Group of the Arkansas Region. In addition, any member of the RSC may nominate a qualified individual for an RSC position.
  - i) Duties and responsibilities should be read prior to soliciting nominations.
  - ii) Nominees to RSC offices must be present at the time of nomination and at the time of election and attend at least two consecutive meetings of the ARSCNA before being elected.
  - iii) Each nomination must be seconded.
  - iv) The nominee is given the opportunity to accept or decline nomination. If they accept, they should state their qualifications for serving as follows:
    - (a) Previous service commitments completed
    - (b) Other current service commitments
    - (c) Service positions vacated by resignation or impeachment (and possibly why)
    - (d) Experience in the area of service for which nominated
    - (e) Clean date
    - (f) Why he/she can serve and wants to serve the fellowship
  - v) Motion is made to close nominations and seconded.
  - vi) If more than one nomination, voting is done by paper ballot and the elected Trusted Servant is recorded in the minutes.
  - vii) This procedure is followed until all positions are filled.

**GENERAL QUALIFICATIONS FOR TRUSTED SERVANTS OF THE ARSCNA**

**The following qualifications are for all ARSCNA Trusted Servant Positions**

- 1) Willingness and Desire to Serve
- 2) Time and resources to do the Job
- 3) Active participant in **Narcotics Anonymous** as a whole
- 4) Working knowledge of the *Twelve Steps, Twelve Traditions, and Twelve Concepts of Narcotics Anonymous* through application

**VOTE OF ACCLAMATION**

1. A vote of Acclamation is defined as an election with only 1 (one) nominee after nominations have been closed.

**OFFICE VACANCIES**

Office Vacancies shall be determined as defined in the *Policy and Procedures manual*.

**RESIGNATIONS**

Resignations shall be determined as defined in the *Policy and Procedures manual*.

**REMOVAL FROM OFFICE**

1. An RSC Trusted Servant or standing Subcommittee Chairperson may be removed from office by a 2/3 majority closed ballot vote of the RSC after the respondent is given rebuttal time, if desired, not to exceed 10 minutes.
  - a) Attendance at the ARSCNA meeting shall be defined as having attended both the old business and new business sessions.
  - b) Some reasons for such action may include, but are not limited to: Intentionally compromising our Twelve Traditions; Mismanagement of N.A. Funds; Not fulfilling the duties of the office; Absence from two or more consecutive meetings without prior notification of reasonable cause to the RSC Chair.
  - c) If the reasons for such action are of a highly personal or embarrassing nature, the discussion of such action should be discreetly handled by a specific ad hoc committee formed by three RSC trusted servants and three RCMs from an unbiased Area and/or Loner Group. This ad hoc committee is to be appointed by the Chairperson after consultation with the Administrative Committee.
2. An RCM or Alternate cannot be removed from office by the RSC. However, if there are problems, the RSC may bring it to the attention of the appropriate Area/Loner Group.
3. Relapse constitutes automatic and immediate removal in any office.

**REPORTS**

Reports shall be determined as defined in the *Policy and Procedures manual*.

**ADMINISTRATIVE COMMITTEE**

This committee consists of the following Trusted Servants: RSC Chairperson, RSC Vice-chairperson, RSC Secretary, RSC Secretary In Training, RSC Treasurer, RSC Treasurer In Training, Regional Delegate, Regional Delegate Alternate, and Policy and Procedures subcommittee Chairperson.

**STANDING COMMITTEES**

Tradition Five: Each Group has but one primary purpose- to carry the message to the addict who still suffers.

Tradition Nine: N.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

There are two kinds of committees: standing committee and ad hoc committee.

*Standing committees* are the regular committees of the Region such as HIPR, Outreach, Phonelines, etc. The basic descriptions of these, and how they relate to the Region as a whole, are detailed later under the descriptions of each committee.

Sometimes a question or special project needs to be referred to a committee, but the question does not fit in with the focus of any existing standing committee. In such cases, the motion can be made to refer to an *ad hoc committee*. These special committees are set up for specific purposes, and they have limited lives- when they have finished their jobs and reported back, they are disbanded. A motion to refer to an ad hoc committee should specify what the committee's purpose would be. The RSC Chair may then appoint an ad hoc committee in its entirety, or he/she may appoint just the ad hoc committee chairperson, who will put the committee together him/herself.

### **ELIMINATION OF A STANDING COMMITTEE**

The RSC may eliminate a standing committee by a consensus or a 2/3-majority vote when deemed necessary.

### **QUALIFICATIONS: STANDING COMMITTEE TRUSTED SERVANTS**

Qualifications (Standing Committee Trusted Servants) shall be determined as defined in the *Policy and Procedures manual*.

### **SUBCOMMITTEE MEMBERSHIP AND COMPOSITION**

The subcommittee shall consist of Administrative Trusted Servants (Chairperson, Vice-chairperson, Secretary, and Treasurer [if one needed]), all Area Chairpersons and/or Vice-chairperson of indicated committee, and all involved members interested in the work of indicated committee.

### **SUBCOMMITTEE POLICIES AND ACCOUNTABILITY**

Subcommittees are directly responsible to the Arkansas Regional Service Committee. The meetings of the subcommittees may be conducted at the discretion of the Chairperson, with or without consensus procedures or parliamentary procedures, as long as the meetings run in an orderly manner and each member is given equal opportunity to speak.

### **CONVENTION**

Convention purpose shall be determined as defined in the *Policy and Procedures manual*.

### **HOSPITALS AND INSTITUTIONS / PUBLIC RELATIONS**

Basic Purpose:

The Arkansas RSC HIPR-Subcommittee serves the needs of the Areas/Loner Groups within the Arkansas Region by conducting activities that promote the growth and strength of all H&I efforts, to inform the public that N.A. exists and that it offers recovery from addiction, and to identify and needs with the Region and the Fellowship.

- A. The HIPR Subcommittee offers information about what N.A. is, and how and where to find N.A. All H&I/PR activities will be carried out in accordance with the Twelve Traditions of Narcotics Anonymous.
- B. Specific Purpose of the Regional HIPR Subcommittee is to be supportive of Area H&I/PR



Subcommittees by providing a forum for them within the Region. The purpose is also to help them with their particular problems and needs, and to keep open the lines of communication between the Area H&I/PR Subcommittees, the Region, and *NAWS*.

### **LITERATURE REVIEW**

#### **Basic Purpose:**

To serve the needs of all Areas within the Arkansas Region by coordinating Area Literature (Review) subcommittees and conducting services that develop and strengthen Literature projects within the Region and the Fellowship.

### **OUTREACH**

#### **Basic Purpose:**

The Arkansas Regional Outreach Committee shall be one point of contact between the Region and the answering service and shall be responsible for maintaining accurate meeting lists to prevent distribution of inaccurate information to addicts within, as well as visitors to, the Arkansas Region. To serve the needs of all Areas within the Arkansas Region by coordinating Area Outreach subcommittees and conducting services that develops and strengthens Outreach efforts within the Region and the Fellowship.

### **PHONELINE**

#### **Basic Purpose:**

To carry the message of Narcotics Anonymous and serve the needs of all Areas and Loner Groups within the Arkansas Region by coordinating Area Phonenumber Subcommittees and conducting activities which develop and strengthen Phonenumber efforts and needs within the Region and the Fellowship.

### **POLICY AND PROCEDURES**

#### **Specific Purpose:**

The Policy & Procedures Committee is to maintain the ARSCNA Policy & Procedures Manual and update main copy, as needed, after each meeting of the ARSCNA. The committee is also responsible to formulate/implement new policy as assigned, and review old policy as assigned. The committee will distribute, annually, an updated Policy and Procedures Manual to All RCMs, Alternates, and ARSCNA Trusted Servants (same distribution as the ARSCNA Guidelines).

### **WEBSITE**

Website purpose shall be determined as defined in the *Policy and Procedures manual*.

### **AMENDMENT OF GUIDELINES**

1. All guideline changes to be sent back to Areas.
2. These guidelines may be amended by a consensus or a 2/3-majority vote at a regular or special meeting of the RSC, provided that the exact wording of the amendment has been submitted in writing and announced at a previous RSC meeting.

# **Policy and Procedures Manual**

**For the**

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We must be constantly on guard that our decisions are truly an expression of God's will. There is often a vast difference between group conscience and group opinion, as dictated by powerful personalities or popularity. Some of our most painful growing experiences have come as a result of decisions made in the name of group conscience. True spiritual principles are never in conflict; they complement each other. The spiritual conscience of a group will never contradict any of our Traditions.

## **FINANCIAL**

1. Groups may donate directly to each level of service, Areas may donate excess funds to Region or World, and Region may donate excess funds to World (from *The Guide To Local Services* Fund Flow Chart on pg 50), with the greater percentage (prudent reserve) staying close to home and/or where the message of recovery can best be carried.
2. Any RSC bank account and/or checks will require two (2) signatures. All checks should be filled out entirely before being signed.
3. All motions dealing with amounts over \$250 will be referred back to Areas/Loner Groups, except RD and RDA expenses for travel to WSC and World Service Meetings.
4. All ARSCNA Trusted Servants (that have or require a budget) need to be prepared to discuss/submit their annual budget at the last ARSCNA meeting of the year.
5. The Regional Treasurer should be the only person to initiate checks unless he/she is absent from the RSC. Checks written in the absence of the Treasurer should be reported to the Treasurer for record keeping within five (5) working days.
6. Treasury requests should be made during business meeting. Requests should be written out as a motion with receipts attached (if applicable).
7. The Administrative Committee, including the incoming Treasurer, will audit treasury records whenever a new Treasurer is elected.
8. At the beginning of a new term in office, the Treasurer may transfer Regional funds to a bank in his/her hometown in order to simplify and expedite banking procedures.
9. A receipt issued by an authorized individual where the money was spent shall verify all monies advanced or reimbursed by the ARSCNA. No handwritten receipts, by the trusted servants receiving funds, will be accepted. The only exceptions to the receipt expenses will be up to five dollars per day for beverages/snacks while traveling on approved/funded ARSCNA

trips to include WSC, World Service Meetings, Southern Zonal Forum, and rent for meetings of the ARSCNA.

10. **ARSCNA RD/RDA authorized travel** will be calculated using the following information to determine advanced funding; all unused funds will be returned to the ARSCNA at the next ARSCNA meeting following the event the trusted servant was funded to attend.
  - a. Mileage will be calculated using the Federal Charitable Mileage rate plus 10 cents, not to exceed the Federal Business Mileage rate to determine advances for fuel. Airline travel advances will be estimated through pricing fares to and from the location of the event.
  - b. Food expenses will be figured on a per diem basis. Per diem will be figured by the GSA website located at <http://www.gsa.gov/Portal/gsa/ep/home.do?tabId=0>
  - c. Hotel expenses are not to exceed \$115 per night, with the exception of the RDA expense for the WSC. The RDA hotel expense for the WSC will be calculated at 50% of the current room rate at the hotel where the WSC is being held.
  - d. Additional expenses for Southern Zonal Forum will include registration and tapes/CD at the current rate.
  - e. Additional expenses for travel will include parking (if necessary) at the airport of departure, baggage charges and shuttle from the arrival airport to where the funded event is being held.
11. **ARSCNA Travel Fund** will be calculated using the following information to determine advanced funding; all unused funds will be returned to the ARSCNA at the next ARSCNA meeting.
  - a. Request for use of the travel fund should be requested in advance no more than one ARSCNA before the funds are to be used.
  - b. Expenses should be itemized when making a request.
  - c. Mileage will be calculated using the Federal Charitable Mileage rate plus 10 cents, not to exceed the Federal Business Mileage rate to determine advances for fuel.
  - d. Hotel expense will be based on shared occupancy when appropriate and not to exceed the cost of 1 (one) female room and 1 (one) male room per ARSCNA meeting.
  - e. Additional expenses must be approved in advance by the RSC.

### **RECOUPING REGIONAL FUNDS**

The immediate recoupment of any ARSCNA funds lost due to malfeasance, misappropriation, or misuse by any trusted servant or others shall be the responsibility of the ARSCNA Administrative Committee. The ARSCNA Administrative Committee will pursue all legal avenues to recoup funds in the following manner:

- Step 1) The ARSCNA Administrative Committee shall notify the membership of the ARSCNA of any funds lost due to malfeasance, misappropriation, or misuse.
- Step 2) The ARSCNA Administrative Committee shall request voluntary restitution from the trusted servant or others. If no restitution is forthcoming within 90 days for the balance owed or payments as scheduled by the ARSCNA Administrative Committee, Step 3 will be invoked.
- Step 3) The ARSCNA Administrative Committee, acting on behalf of the ARSCNA, shall proceed with either civil or criminal procedures as is thought the most effective way of recouping funds.

### **BECOMING PART OF THE REGION**

When any duly elected RCM from any Area or Loner Group that wishes to become part of the Arkansas Region comes to their first RSC meeting, they will observe the working of the RSC and pick up a set of the Regional Guidelines. They may participate in new Regional business and take back to their Area or Group the business that requires a group conscience and return to the next RSC meeting to be a voting participant. They will receive a set of minutes from the Regional meeting they attend.

#### **1. Loner Group Seating**

When considering seating a Loner Group the following should be checked

Is the group within 50 miles, of the central point, of an existing ASC (or within an existing ASC's boundaries if larger than 50 miles), or is it within 50 miles of another Loner Group?

- a. If no to these, seat the group if it is requesting seating.
  - b. If yes to any of these, has an attempt been made to join an existing Area or form a new Area?
    - i. If no, request that effort be made before seating them.
    - ii. If yes, what are the problems with forming a new Area (How can the ARSCNA be of service?) or what problems exist between the Group and the existing Area (How can the ARSCNA be of service?)? If there appears to be some roadblocks, would the group(s) and/or Areas be willing to sit down with each other and with some members from the ARSCNA to attempt to work out these problems through an attempt at mediation through open discussion?
      1. If after all avenues have been attempted and there is still is not a potential resolution in sight, seat the Loner Group requesting seating.
        - a. This Policy is not to affect current Loner Groups (but it is suggested that they do explore these avenues)
2. Any Area or Loner Group missing two (2) consecutive RSC meetings will be removed from the roll. Attendance at the ARSCNA meeting shall be defined as having attended both the old business and new business sessions. To rejoin the region, they must follow standard procedure for becoming a part of the region.
  3. The Administrative Committee will be responsible for writing a letter of explanation to the Area/Loner Group upon removal from the roll.

### **ROTATION OF MEETINGS**

1. Any new Area or Loner Group joining the region will be added to the bottom of the rotation list. At the end of the scheduled rotation, a revision of the list will be made as necessary.
2. The Arkansas Regional Service Committee shall meet quarterly on the first full weekend of February, May, August, and November. This schedule may be changed only by a consensus or a majority vote at the meeting prior to the proposed change. In extenuating circumstances, the Administrative Committee can make the decision to cancel the regional weekend, with Chairperson or other delegated person to contact all members of the ARSCNA.
3. The hosting Area/Group will coordinate all RSC subcommittees' time schedules for the Regional weekend. Subcommittee chairs should inform the hosting Area of any special time needs. Suggested meeting format as follows:

SATURDAY		SUNDAY	
10:00 - 12:50	Secretary Report Treasurers Report	8:45 - 9:50	Administrative (closed meeting)
	RD/RDA Report	10:00 - 12:30	Subcommittees continue (if needed)
	Area/Loner Group Reports		If not needed - New Business
12:50 - 1:45	Lunch	12:30 - 1:30	Lunch
1:45 - 6:35	Old Business Open Sharing Subcommittees	1:30 -	???

Regional Vice-chair will oversee Subcommittee day and serve as contact for hosting Area/Loner Group. Subcommittee and RSC expenses to be covered by Region in the amount of \$100 a weekend or less is suggested. Function expenses and proceeds will go to the hosting Area/Loner Group.

4. The topic of the workshop will be at the discretion of the hosting Area/Loner Group and presenter.
5. The hosting Area or Loner Groups shall provide adequate accommodations for others while the closed Administration Committee is meeting.

**SPECIAL VOTES/MEETINGS**

1. To hold a special vote of the Arkansas Regional Service Committee:
  - a) Due cause should be determined and initiated by the RSC Chairperson upon consulting the RSC Administrative Committee.
  - b) The RSC Chairperson contacts the RCMs and/or their Alternates either by phone or email, return receipt requested.
  - c) Vote will be given by phone or email, return receipt requested, to the RSC Chairperson.
  - d) A consensus or a 2/3 majority must favor the issue for approval.
2. To hold a special meeting of the Arkansas Regional Service Committee:
  - a) May be called by the RSC Chairperson upon consulting the RSC Administrative Committee, and/or may be called by the written or phone request of 50% of the RCMs and/or their Alternates.
  - b) The purpose of the meeting shall be stated in the call. No business other than that mentioned in the call will be conducted.
  - c) The location of a special meeting shall be selected by the RSC Chairperson upon consulting the Administrative Committee.
  - d) At least seven days (1 week) notice shall be given.
  - e) All Arkansas RSC Rules of Order are applicable at special meetings.

**CONFERENCE AGENDA REPORT VOTES**

The C.A.R. vote from each voting participant (1 vote from each Area/Loner Group) should be turned in to the RD or RD Alternate at least 2 weeks before the World Service Conference. This will enable the RD/RDA to compile the votes for the Region.

**AGENDA**

1. The Chairperson will arrange the agenda prior to each meeting, assisted by the Administrative Committee.

2. All motions should be given to the Policy and Procedures Committee prior to the end of normal business on Saturday. All motions submitted to the ARSC as new business must be reviewed by at least two Policy and Procedures Committee members, one of which must be the Chairperson or Vice Chairperson. Any changes or revisions to the motion and/or intent must be affirmed by the maker of the motion prior to the submission of the motion in new business.
3. All meetings of the RSC will be non-smoking.

### **MEETING FORMAT**

#### **SATURDAY MEETING FORMAT**

1. Opening Prayer
2. Read Twelve Traditions, Twelve Concepts, 1st 2 paragraphs of Tradition 2, Definition and Purpose of Regional Service Committee.
3. Roll Call by Secretary:
  - a) RCMs or their Alternates
  - b) Regional Delegate and Alternate
  - c) Administrative Committee Trusted Servants
  - d) Standing Subcommittee Chairpersons
4. Secretary Report
  - a) Read minutes from last RSC to include Old & New Business, Open Sharing, and Elections if necessary b) Correspondence Report
5. Treasurer's Report
6. RD and/or RD Alternate Report
7. Reports from Southern Zonal Forum
8. RCMs or Alternate reports (Alphabetically)
9. Read Overview of Consensus section, Voting section, and Consensus Procedure section 10. Old Business
11. Open Sharing (Set time limit)
12. Subcommittees
13. Closing Prayer

#### **SUNDAY MEETING FORMAT**

1. Administrative Committee Meeting
2. Opening Prayer
3. Read Twelve Traditions, Twelve Concepts, 1st 2 paragraphs of Tradition 2, Definition, and Purpose of Regional Service Committee.
4. Roll Call by Secretary:
  - a) RCMs or their Alternates
  - b) Regional Delegate and Alternate
  - c) Administrative Committee Trusted Servants
  - d) Standing Subcommittee Chairpersons
5. Subcommittees (if necessary)
6. Administrative Committee Report
7. Read Overview of Consensus section
8. Election of Trusted Servants (if necessary)
9. New Business
  - a) Reports from Areas/Loner Groups joining the Region
  - b) Updated treasurer report
  - b) Treasury Request Motions
  - c) Other Motions including new business items from discussion and Admin.
  - c) Selection for Representative for the next Southern Zonal Forum
  - d) Convention Bids/SZF Bids (draw for Convention responsibilities @ November RSC)
10. Announcements
11. Review of business to be taken back for group conscience
12. Plans for next meeting
13. Updated Treasurer's Report
14. Closing Prayer

## **OVERVIEW OF CONSENSUS**

Everyone present is allowed to participate in the Consensus Based Decision Making process, even if they do not hold a trusted servant position. A consensus is when a proposal (motion) is brought up and a decision is made by first checking to see if there is any opposition. If there is any opposition we have a discussion and see if we can find a compromise. If we can't find a compromise, we check to see if the opposition is willing to stand aside. If the opposition will not stand aside we revert to parliamentary procedure with only the voting participants, and any decision will require a minimum of 2/3<sup>rd</sup>s majority to pass.

## **VOTING**

- 1) Voting is to determine God's will as expressed through Group conscience; it is not to determine personal opinion. The exercise of Group conscience is the act by which our members bring the spiritual awakening of our Twelve Steps directly to bear in resolving issues effecting Narcotics Anonymous.
- 2) Participating votes are defined as "yea" or "nay" votes only; abstention votes will be counted as neutral votes and are not considered as a participating vote.
- 3) All ARSCNA business will be voted on by the RCMs or their Alternates, if a consensus cannot be reached and a vote becomes necessary, otherwise any Narcotics Anonymous member of the Arkansas Region of Narcotics Anonymous can participate in the Consensus-Based Decision-Making process with the exception of the ARSCNA Chairperson or Vice-Chair. The only motions referred back to member Areas and Loner Groups for input and discussion will be:
  - i) Financial motions over \$250 (two hundred and fifty dollars)
  - ii) Nominations for ARSCNA service positions
  - iii) All other motions affecting the basic tenets of Narcotics Anonymous as a whole (i.e.:  
Basic Text, Twelve Steps, Twelve Traditions, Twelve Concepts, etc.)
  - iv) Or any motions deemed necessary by consensus or by simple majority of the RCMs.
- 4) The ARSCNA utilizes a consensus based decision-making process. A consensus is considered to be a 2/3rds majority of the participating votes in agreement. All effort should be made to further understanding and discussion of any issue on the floor until a consensus is reached.
- 5) All decisions requiring a vote at the ARSCNA be decided upon in the following manner:
  - i) An attempt at an overall consensus to be attempted first.
  - ii) If an overall consensus cannot be reached, then a paper ballot will be taken.
  - iii) In order for a decision to pass a consensus must be reached, and if not, it will require at least a two-thirds majority.
- 6) In case of elections with more than two individuals up for a position, and one individual does not receive two-thirds of required votes to be elected, the two individuals with the highest percentage will be kept in the election. All others will be removed from election and a second ballot will take place.
- 7) Once an issue has been voted on, it shall not be brought up again for vote for at least 2 consecutive RSC meetings.

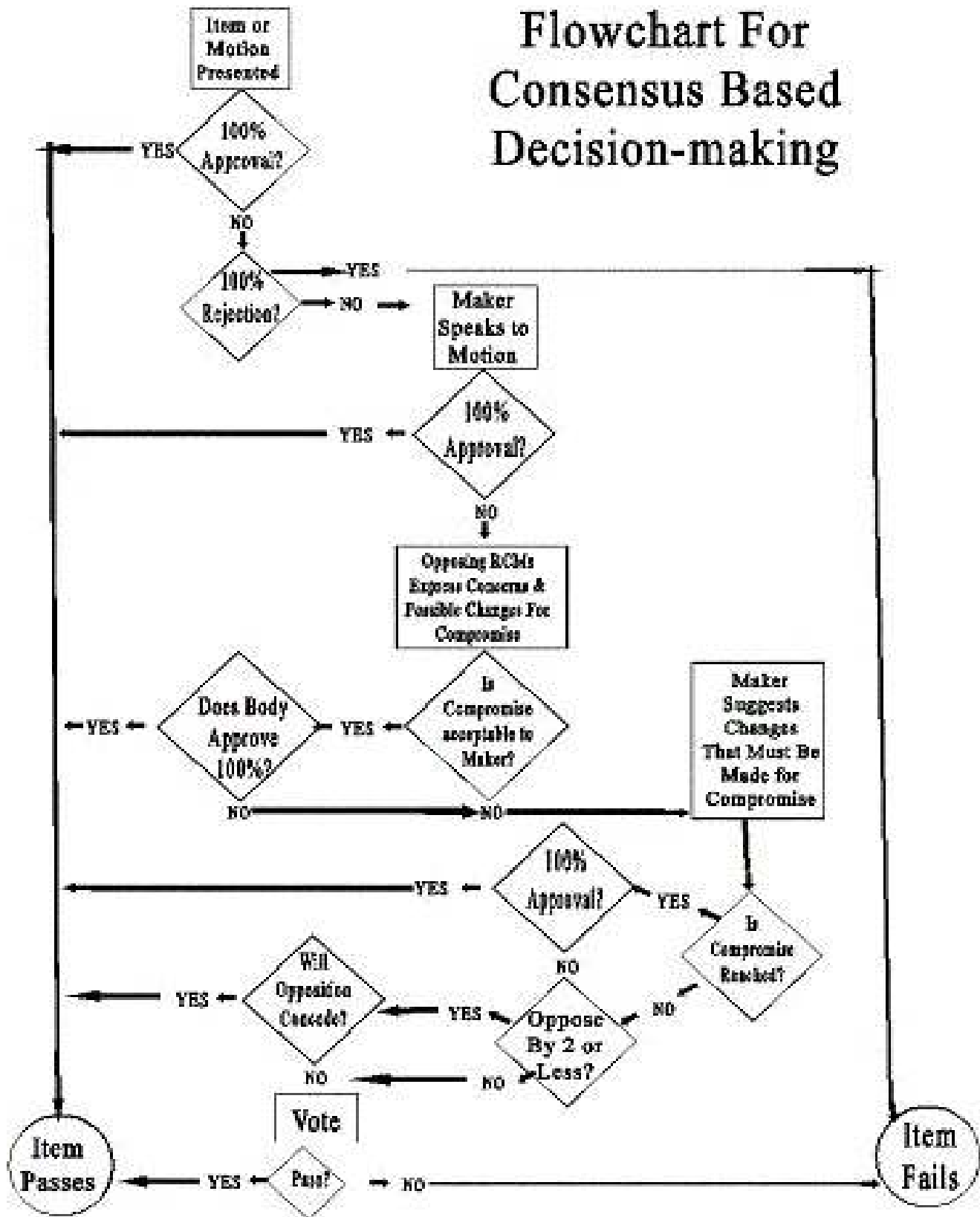


**Consensus Procedure:**

1. Motion or item is presented
2. Does item receive 100% approval or rejection? If 100% approval motion passes (go to #9), if 100% rejection motion fails (go to #10), if item does not receive 100% in either go to #3.
3. The Chair asks the maker to fully express the intent and what is hoped to be accomplished with the idea. The Chair asks if the additional information has changed anyone's opinion. If anyone's opinion has changed, is there now 100% approval? If so item passes (go to #9). If no one's opinion has changed (or some opinions have changed, but the item does not receive 100% approval) the opposing individuals are asked to express their concerns and what it might take to reach a compromise (if any). Go to #4.
4. The maker is asked if the compromise (if any) is acceptable. If so, the RCMs are asked if there is any further discussion needed. If not, the chair asks if there is any opposition. If 100% approval item passes (go to #9), if not go to #5.
5. If the originator cannot live with the compromise (or item did not receive 100% approval from #4), the individual is asked to express concerns and what it might take to reach a compromise. If compromise is reached go to #6. If compromise is not reached go to #7.
6. Does item receive 100% approval? If yes item passes (go to #9), if not go to #7.
7. If a compromise cannot be reached (or item does not receive 100% approval from #6), and 2 or less RCMs are opposed, the Chair asks if they are willing to concede (or stand aside) and allow the decision to move forward. If the opposition agrees to stand aside the item passes (go to #9). If the opposition does not stand aside, or the item was opposed by more than 2 people, the item needs to be acted on by parliamentary procedure and called to a vote (go to #8).
8. Item is voted on using a paper ballot (after any discussion). If item receives 2/3rds, or more, of the participating votes it passes (go to #9) if it receives less than 2/3rds it fails (go to #10).
9. Item has passed record results in minutes.
10. Item has failed record the results in minutes.

**Consensus Flowchart**

# Flowchart For Consensus Based Decision-making



### **DISCUSSION LIMITS**

- 1) Any member attending an Arkansas RSC meeting has a voice on the floor if recognized by the RSC Chairperson or Acting Chairperson.
- 2) Both voting and non-voting members have the right to introduce and/or second motions and participate in debate with the exception of the RSC Chairperson and Vice-chairperson.
- 3) Anyone in attendance may seek clarification from the Chair.
- 4) Participation on Motions: (if consensus fails - see Rules of Order - Short Form appendix A.)
- 5) Must be recognized to have the floor, only by raising hand, except:
  - a) Point of Personal Privilege
  - b) Point of Order
  - c) Appeal to the Chair
  - d) Point of Information

### **ELECTION OF TRUSTED SERVANTS**

- 1) Nominations for the RD and RD Alternate will be opened at the May meeting of ARSC every other year (even years). Nominations will then be closed at the August RSC meeting and referred to the Areas/Loner Groups. Elections will be held at the November RSC meeting. Nominees' names and qualifications will be included in the August ARSC minutes.
- 2) Nominations for Administrative Committee Trusted Servants and Subcommittee chairs open in February each year and close in May. Nominations are sent back to the Areas/Groups. Elections will be held in August. Nominees' names and qualifications will be included in the May ARSC minutes.
- 3) RSC trusted servants serve a term of one year or, if willing, until their successors are elected. Their term of office shall begin at the end of the regular meeting at which they are elected. The outgoing Regional Treasurer will remain on the Arkansas Regional Convention Committee checking account until the final financial accounting has been given.
- 4) Vice-chairperson, RD Alternate, Treasurer In Training, and Secretary In Training are considered an automatic nomination for Chairperson, RD, Treasurer, and Secretary respectively, in the next election year.
- 5) If there is no one who has the qualifications, clean time, and/or willingness to serve, the position will be left open until such time as a willing, qualified nominee is elected.
- 6) It is suggested that the nominee should not hold more than two (2) "titled service positions", to include an office at the Area and World levels.
- 7) No RSC Administrative Trusted Servant shall hold more than one (1) RSC Administrative office at any given time to avoid the possibility of monopolizing RSC votes.
- 8) No RSC Trusted Servant shall be eligible to serve more than two (2) consecutive terms in the same office.

### **10<sup>th</sup> Concept Procedures**

1. First – Determine appropriate service body to deal with the redress.
2. If the ARSCNA is the appropriate body then
  - a. 10<sup>th</sup> Concept letter is to be presented to the Chairperson, by the individual(s) seeking redress (not by proxy or another representative).
  - b. The Chairperson will appoint 2 members of the ARSCNA Administrative Committee, as well as 3 RCMs, none of which is named in the redress letter, or has any appearance

of conflict of interest. This team is to go over the letter, ask questions of the individual(s) seeking redress, as well as any/all other parties involved. After interviewing the individuals involved, the team is to determine what, if any, amends might be recommended. These findings will be presented to the ARSCNA. If the ARSCNA is in consensus with the findings, the matter, in any/all forms, is not to be brought up to the ARSCNA for a minimum of 9 months. If it does come up, it is to be ruled *Out of Order*. If the ARSCNA is not in consensus (as defined in the ARSCNA Guidelines) then discussion can (and should) ensue. All attempts should be made to reach a consensus. If consensus cannot be reached, then the suggestions of the team should be brought to the floor for approval by vote, requiring a minimum of a 2/3rds majority to pass.

### **VOTE OF ACCLAMATION**

1. If a Vote of Acclamation is indicated, the following procedure will be followed:
  - a. The ARSCNA Chairperson will ask for a ballot vote
  - b. If there is no opposition, that nominee is elected to the position.
  - c. If there is an opposing vote, the floor will be opened for discussion.
  - d. After discussion is concluded, a ballot vote will be taken.
  - e. The nominee must receive 2/3rds of the participating votes to be elected.
  - f. If the nominee fails to receive 2/3rds then nominations will be reopened.

### **OFFICE VACANCIES**

1. An election to fill a vacancy in an office should occur within two regular RSC meetings after the vacancy arises.
2. Notice of intent to fill a vacancy shall be provided and taken back for Area/Loner Group input.
3. In the case of a vacancy in the office of RSC Chairperson, the RSC Vice-chairperson shall assume the duties of the Chairperson until the end of the meeting at which the new Chairperson is elected.
4. In the case of a vacancy in the office of RD, the RDA shall assume the duties of the RD until the end of the regular meeting at which the new RD is elected.
5. When an office is vacant, and there is no one willing or able to serve, the duties of the vacant position shall be assigned to another trusted servant by the RSC Chairperson after consultation with the Administrative Committee.
6. Anything less than a full one (1) year term will be considered interim and will not count against the two (2) consecutive term limitation.

### **RESIGNATIONS**

1. Resignation to be given in writing to the RSC Chairperson via email.
2. All applicable archives and End of Term report to be given to the RSC.

### **REPORTS**

1. All RSC meeting reports are to be written or typed and turned in to the Secretary, within 14 days of the RSC meeting.
2. Yearly reports: At the end of term, each trusted servant is responsible to file a written or typed report with the RSC.
  - a) Secretary:
    - 1) Compile a list of Motions from the past year's minutes and current Guideline Addendum.
    - 2) Compile a report summarizing the past year's activities.

- b) Treasurer: Compile yearly report consisting of the past year's activity, including contributions, expenditures, and any other financial activity.
- c) Chairperson (RSC and Standing Subcommittee): Compile a report consisting of the past year's activity, accomplishments, specific problems, situations, financial record (if applicable), and plans for the coming year.
- d) The ARSCNA requests a yearly report in August from the RCMs, consisting of the following information:
  - 1) Number of meetings: H&I, Groups, and total number of meetings
  - 2) Size of the local fellowship
  - 3) H&I Activity
  - 4) PR Activity
  - 5) Other Committee Activity
  - 6) Specific problems or situations
  - 7) Plans for the coming year
  - 8) Brief history of N.A. in your Area/Group from the first meeting until now, to be updated yearly.
  - 9) Brief summary of "What your Area/Group would like to accomplish at the World Service Conference".

**DUTIES AND RESPONSIBILITIES: ADMINISTRATIVE COMMITTEE**

**Administrative Committee**

*A. Duties*

- 1. responsible for conducting the ARSCNA and ARACNA Treasury audits
- 2. responsible for the formulation of a ARSCNA meeting rotation schedule
- 3. responsible for implementation of the ARSCNA Malfeasance Policy
- 4. responsible for any matters committed to the Administrative Committee by the Body of the ARSCNA
- 5. responsible for preparation of the ARSCNA meeting agenda
- 6. responsible for implementation of the extenuating circumstances policy

**DUTIES, RESPONSIBILITIES, and QUALIFICATIONS: ADMINISTRATIVE TRUSTED SERVANTS**

**Chairperson - Administrative Committee**

*A. Duties*

- 1. responsible for conducting ARSCNA meetings
- 2. responsible for conducting Administrative Committee meetings
- 3. responsible for preparing the agenda for ARSCNA meetings in conjunction with Administrative Committee
- 4. responsible for compiling an end of term report consisting of the past year's activity, accomplishments, specific problems, situations, financial record (if applicable), and plans for the coming year
- 5. responsible to train and educate the Vice-chairperson in the duties and responsibilities of the Chairperson
- 6. responsible to be a cosigner on the ARSCNA checking account
- 7. responsible for overseeing all Administrative Committee responsibilities

*B. Specific Qualifications*

- 1. See General Qualifications in the Guidelines
- 2. Suggested minimum of three (3) years clean
- 3. Suggested minimum of one (1) year NARCOTICS ANONYMOUS service involvement
- 4. One (1) year commitment

### **Vice-chairperson - Administrative Committee**

#### *A. Duties*

1. responsible for conducting ARSCNA meetings in the absence of the ARSCNA Chairperson
2. responsible for conducting Administrative Committee meetings in the absence of the ARSCNA Chairperson
3. responsible for coordination of ARSCNA Subcommittee Chairs
4. responsible for reporting to the ARSCNA the actions and decisions of the Administrative Committee
5. responsible to be a cosigner on the ARSCNA checking account
6. responsible for maintaining ARSCNA Administrative Committee archives
7. responsible to serve as acting ARSCNA Treasurer in the absence of the Treasurer
8. point of contact for website

#### *B. Specific Qualifications*

1. See General Qualifications in the Guidelines
2. Suggested minimum of three (3) years clean
3. Suggested minimum of one (1) year NARCOTICS ANONYMOUS service involvement
4. Two (2) year commitment (1 as VC; 1 as Chairperson)

### **Secretary - Administrative Committee**

#### *A. Duties*

1. responsible for accurate accounting of all business conducted at each ARSCNA meeting
2. responsible for accurate accounting of all business conducted at each ARSCNA Administrative Committee meeting
3. responsible to email a list of all activities announced or presented during or prior to the ARSCNA meeting to each designated person within three (3) days. All activities for submission into this list shall be received by the Secretary before the end of business at the RSC.
4. responsible to email a copy of the minutes of the ARSCNA meeting to each designated person within twenty-one (21) days. All material for submission into minutes shall be received by the Secretary 14 days following each RSC mailed electronically or by USPS mail.
5. responsible to maintain all ARSCNA archives
6. responsible to handle all incoming correspondence to the ARSCNA
7. responsible to handle all outgoing correspondence from the ARSCNA as directed
8. responsible for keeping the ARSCNA stationary and make it available at each ARSCNA meeting
9. responsible to keep possession of the UPS mailbox key and door key
10. responsible to be a cosigner on the ARSCNA checking account
11. responsible to have the password to the arscna website

#### *B. Specific Qualifications*

1. See General Qualifications in the Guidelines
2. Suggested minimum of two (2) years clean
3. Suggested minimum of one (1) year NARCOTICS ANONYMOUS service involvement
4. One (1) year commitment

### **Secretary in Training – Administrative Committee**

Duties and Responsibilities are the same as the ARSCNA Secretary with the exception that the Secretary in Training will not be a signer on the ARSCNA checking accounts or have the keys to the Post Office Box (or the door) or the password to the ARSCNA Website.

### **Treasurer - Administrative Committee**

#### *A. Duties*

1. responsible for accurate accounting of all monies received
2. responsible for accurate accounting of all monies disbursed
3. responsible for administering the ARSCNA checking account
4. responsible for reporting on the financial condition of the ARSCNA at each of its meetings
5. responsible for including updated ARSCNA budgets in the minutes of each ARSCNA meeting.
6. responsible to be a cosigner on the ARSCNA checking account
7. responsible for maintaining all ARSCNA Treasury archives
8. Create and/or update Treasurer Policy Manual
9. responsible to train and educate the Treasurer in Training in the duties and responsibilities of the Treasurer
10. other specified duties as outlined in the Treasury Maintenance Process (addendum A)

#### *B. Specific Qualifications*

1. See General Qualifications in the Guidelines
2. Suggested minimum of three (3) years clean
3. Suggested minimum of one (1) year NARCOTICS ANONYMOUS service involvement
4. One (1) year commitment
5. Basic knowledge of bookkeeping and/or accounting skills

### **Treasurer Guidelines:**

1. All quarterly receipts to go into 1 envelope and are labeled as such.
2. All moneys received by the Regional Treasurer shall be deposited within five (5) days of receipt of said moneys.
3. The Secretary will forward all funds and financial correspondence to the Treasurer and document them in the Correspondence Report to RSC.
4. Set up and maintain an accrual account to accumulate funding for expenses that are needed less frequently than every RSC meeting
5. Treasurer's beginning balance to equal the ending balance of previous report.
6. Treasurer's report to be of consistent format. All receipts and expenses to be itemized (showing check number, date, dollar amount, and who the check is from except for donations from Areas- they will only reflect that it was a donation from an Area. A record will be kept of where donations came from for Region's use only.)
7. Create and update (as needed) a 2-year budget
8. The checking account should be non-interest bearing so there will be no need to report taxes.
9. If at all possible, reimbursements should be in check form; i.e.: personal check, money order, or cashier's check.
10. Treasurer's records are to be kept up to date, so that RSC Trusted Servants may look at the books at any time and get an accurate picture of Regional finances.
11. All records to be reconciled on a monthly basis.
12. Revise the budget at the last ARSCNA meeting, of the year, and include the updated budget in the minutes of that meeting

### **Treasurer in Training – Administrative Committee**

Duties and Responsibilities are the same as the ARSCNA Treasurer with the exception that the Treasurer in Training will not be a signer on the ARSCNA checking accounts

## **Regional Delegate (RD) - Administrative Committee**

### *A. Duties*

1. responsible to represent and speak for the member Areas and Groups that comprise the ARSCNA at the World Service Conference
2. responsible to provide a two-way communication between the ARSCNA and Narcotics Anonymous World Services
3. responsible to provide a two-way communication between the ARSCNA and the Southern Zonal Forum and Multi Zonal Forum
4. Facilitate workshops at the Southern Zonal Forum and Multi Zonal Forum if necessary.
5. responsible to provide a two-way communication between the ARSCNA and other Regions of Narcotics Anonymous as necessary
6. responsible to be a resource for information and guidance in matters concerning the Twelve Traditions and Twelve Concepts of Narcotics Anonymous
7. responsible to train and educate the Regional Delegate Alternate
8. responsible to conduct the ARSCNA in the absence of the Chairperson and Vice chairperson
9. responsible to maintain communication with *NAWS* on all literature in review discussion during the absence of a Literature Review chairperson or committee.
10. To purchase a copy of the C.A.R. (Conference Agenda Report), when it becomes available (every 2 years on odd years), for each Area & Loner group represented at the Arkansas Regional Service Committee.
11. responsible to attend all meetings of the Policy and Procedures subcommittee as a member (it is strongly suggested that the RD is not to hold a trusted servant position in the committee).
12. the most recent former RD is to serve on the Policy and Procedures subcommittee for 2 years, after his/her term as RD is fulfilled.
13. responsible to have the password to the ARSCNA website

### *B. Specific Qualifications*

1. See General Qualifications in the Guidelines
2. Knowledge of current ARSCNA issues.
3. Suggested minimum of six (6) years clean
4. Suggested minimum of four (4) years NARCOTICS ANONYMOUS service
5. Four (4) year commitment (2 as RD; 2 as a member of the Policy and Procedures subcommittee)

## **Regional Delegate Alternate (RDA)-Administrative Committee**

### *A. Duties*

1. responsible to work closely with the Regional Delegate to fulfill the duties of that office
2. responsible to act as the Regional Delegate in the absence of the RD
3. responsible to attend all meetings of the Policy and Procedures subcommittee as a member (it is strongly suggested that the RDA is not to hold a trusted servant position in the committee).

4. responsible to have the password to the ARSCNA website

### *B. Specific Qualifications*

1. See General Qualifications in the Guidelines
2. Suggested minimum of five (5) years clean
3. Suggested minimum of three (3) years service involvement
4. Six (6) year commitment (2 as Alternate; 2 as RD; 2 as a member of the Policy and Procedures subcommittee)



**Policy and Procedures Committee Chairperson-Administrative Committee** Duties

- A. Serve as a member of the Administrative Committee
- B. To act as an advisor to the ARSCNA Chair/Vice-Chair in matters concerning Policy
- C. Responsible to attend all sessions of the ARSCNA to make sure any business that transpires, that affects Policy, is properly recorded and that the main copy of the Policy Manual gets updated prior to the next meeting of the ARSCNA.

*Specific Qualifications*

- 1. See General Qualifications in the Guidelines
- 2. Suggested minimum of six (6) years clean
- 3. Suggested minimum of three (3) years prior involvement in service to the ARSCNA (as a committee chairperson and/or a member of the Administrative Committee)
- 4. It is recommended, not required, that the Policy Chairperson be a former Chair (or Vice-Chair) of the ARSCNA or a former RD.
- 5. Should have a working/functioning knowledge of the ARSCNA Regional Policy & Procedures
- 6. In the event of a vacancy in the position of RSC Vice-Chairperson, the Policy & Procedures Chairperson will fill in for any vacant positions that would have been fulfilled by the RSC Vice-Chairperson.

**FORMING NEW STANDING COMMITTEES**

To form a new standing committee:

- A. A letter to identify the needs that this committee may better serve the purpose of the Region is to be brought forth in new business.
- B. The proposal to be sent back to the Areas/Loner Groups for Group Conscience.
- C. A consensus or a two-thirds majority is necessary to form a standing committee.
- D. The newly formed standing committee must formulate a draft of proposed guidelines within 6 months of establishment. This draft to be submitted to the RSC for approval.

**QUALIFICATIONS: STANDING COMMITTEE TRUSTED SERVANTS**

CHAIRPERSON:

- 1. See General Qualifications in the Guidelines
- 2. Suggested minimum of two (2) years clean.
- 3. Suggested minimum of one (1) year N.A. service involvement.
- 4. One (1) year commitment.

**RESPONSIBILITIES: SUBCOMMITTEE TRUSTED SERVANTS**

A. CHAIRPERSON

- 1) Elected by the group conscience of the RSC as per its guidelines.
- 2) Presides over all meetings of the subcommittee with a general understanding of parliamentary procedure and consensus procedure.
- 3) Prepares a report for each RSC meeting and makes all motions on behalf of the committee and is the voice of the indicated subcommittee.
- 4) Coordinates and is responsible for all work done by the subcommittee.
- 5) Maintains communication with World Services.
- 6) Prepares a budget with the subcommittee to be submitted for the approval of the RSC for the upcoming year (if necessary).

- 7) Notify Policy and Procedures Chairperson of any policy changes. B. VICE-CHAIRPERSON
  - 1) Elected by the subcommittee.
  - 2) Should have at least on year experience in the indicated committee's work, and a working knowledge of the Twelve Steps and Twelve Traditions.
  - 3) Must attend all meetings of the subcommittee and the RSC. 4) Performs the duties of the Chairperson is his/her absence.

C. SECRETARY

- 1) Elected by the subcommittee.
- 2) Should have at least 6 months experience in the indicated committee's work and a working knowledge of the Twelve Steps and Twelve Traditions.
- 3) Should have clerical skills necessary to perform the job.
- 4) Must keep an accurate set of minutes of all subcommittee meetings. 5) Must attend all subcommittee meetings.

**SUBCOMMITTEE TRUSTED SERVANTS: Clean Time Requirements**

Chairperson ~ ~ ~ ~ ~	As specified - see	Qualifications: Standing Committee Officers
Vice Chairperson ~ ~ ~	2 years	unless specified different in the committee
Secretary ~ ~ ~ ~ ~	1 year	
Treasurer ~ ~ ~ ~ ~	3 years	

**SUBCOMMITTEE MEMBERSHIP AND COMPOSITION**

The subcommittee shall consist of Administrative Trusted Servants (Chairperson, Vice-chairperson, Secretary, and Treasurer [if one needed]), all Area Chairpersons and/or Vice-chairperson of indicated committee, and all involved members interested in the work of indicated committee. The only Trusted Servant elected by the general session of the Region will be the Chairperson. The Vicechair, Secretary, and Treasurer will be elected in subcommittee. The Vice-chair will assume the position of Chairperson only by election of the general session of the Region at the appropriate time. The Vice-chair of the RSC is a member of all subcommittees. All subcommittee members may bring motions to the floor, speak to motions, and vote on motions, with the exception of the Chairperson who only votes in the case of a tie. All Arkansas Regional subcommittees are directly responsible to the Arkansas Regional Service Committee. The meetings of the subcommittee may be conducted at the discretion of the Chairperson, with or without parliamentary procedure, as long as the meetings run in an orderly manner and each member is given equal opportunity to speak.

**Information Flow for Meeting List, Phonline, and Website**

To maintain the same information on our 800 number, meeting list, and website (and to keep all information as accurate as possible) all meeting additions/changes must be called into the 800 number (800-338-8750). From the Answering Service, information will be relayed to the Outreach Chairperson and the Website Chairperson on the 10<sup>th</sup> of the month prior to the RSC meetings. (January 10, April 10, July 10 and October 10)

**HOSPITALS AND INSTITUTIONS / PUBLIC RELATIONS**

**H&I Function of the Subcommittee:**

- A. Is a resource for members, Groups, and Areas in their H&I efforts by providing supplies, literature, information, and other materials necessary to better carry the message.
- B. Provides a forum or pooling place for Area H&I Subcommittees to share their experience, strength, and hope.

- C. Maintains an updated listing of all appropriate facilities within the region and records which ones are served by which Area subcommittee and the type of services that are being performed.
- D. Conducts and/or coordinates outreach projects that carry the message into facilities that cannot be served by an Area subcommittee.
- E. Conducts workshops to address and/or work on problems the member Areas are experiencing or to discuss new methods of H&I work.
- F. Maintains communication with *NAWS* so that member Areas may be informed of its activities.
- G. Provides "Reaching Out" gift subscriptions to prisons or jails if requested by Area H&I subcommittee chairpersons.
- H. Performs any other activities that benefit the H&I efforts within the Arkansas Region.

**PR Functions and Responsibilities:**

- A. *Outside the fellowship:* This subcommittee deals with how N.A. relates with society, with NA's public image, with matters of attraction through the media, and with informing the public that N.A. exists and that recovery from addiction is possible through Narcotics Anonymous. Toward these ends, the P.R. Subcommittee:
  - 1) Opens and maintains lines of communication between N.A. and the public.
  - 2) Responds to all requests for information in a timely and effective manner.
  - 3) Makes sure that those requests are handled at the appropriate level of service.
  - 4) Retains custody of Radio and Television public service announcements from WSC to be used by any Area P.R. Subcommittee to carry their message of recovery to the still suffering addict.
- B. *Within the fellowship:* This subcommittee works:
  - 1) To unify the Area P.R. Subcommittees within the Region by acting as a resource and coordinating body for Regional and P.R. efforts.
  - 2) To maintain a close working relationship with P.R. and H&I Subcommittees throughout the Region; thereby insuring that all requests for information are referred to and carried out by the appropriate P.R. and H&I Subcommittee in accordance with the Twelve Traditions.
  - 3) Maintains communication with Fellowship Services and the *NAWS* database as needed.
  - 4) Maintains Regional Map showing constituent Area Groups, H&I Presentations, and Loner Groups.
  - 5) To maintain close communication with *NAWS*, utilizing its resources and providing assistance as required.

HIPR Procedures: Meetings

- A. Regular meetings shall be held on either Saturday afternoon or Sunday morning of each regularly scheduled meeting weekend of the Arkansas RSC.
- B. The Chairperson may call special meetings. The purpose, place, and time of meetings shall be stated in the call. Except in cases of emergency, at least fourteen days' notice shall be given.

**LITERATURE REVIEW**

The purpose of the Arkansas Regional Literature Committee is as follows:

- A. To coordinate the creation, development, and revision of literature for the fellowship of the Arkansas Region.
- B. To lend support to Area Literature Committees through 1) Development of guidelines, 2) Sharing of experience in written and verbal communications, and 3) Hosting open forums and workshop meetings.

To maintain communication with *NAWS* so that member Areas may be informed of its activities.

## **OUTREACH**

### Function of the Subcommittee:

- 1) Provides Area Outreach subcommittees an opportunity to share their experience, strength, and hope.
- 2) Conducts workshops/learning days to address and/or work on problems the member Areas/Loner Groups are experiencing or to discuss new methods of Outreach work.
- 3) Develop and maintain an Outreach Handbook and other resources and materials necessary to better carry the message.
- 4) Coordinates with other Regional subcommittees on matters related to Outreach.
- 5) Maintain seven (7) Arkansas Regional Service Committee "New Group Starter Kits", making new order quarterly, but never letting inventory reduce below 2 kits. These kits will contain those NA approved materials needed for any newly started Group to start off with accurate information concerning NA service structure and the NA program in general. A treasury request for funding/budget will be required. Each starter kit will have an estimated cost of \$75 and will include the following materials:
  - a. 1 set of group readings
  - b. 1 Basic Text
  - c. 1 Just for Today meditation book
  - d. 5 of each IP:
    - i. Am I An Addict
    - ii. For the Newcomer
    - iii. Triangle of Self-Obsession
    - iv. Money Matters
  - e. 5 sets of keytags
  - f. 2 of each service pamphlets
  - g. 1 Guide to Local Service
  - h. 1 Guide to World Service
- 6) Maintain five (5) Group Readings to send to those groups who request them for their meetings. Making new order quarterly, but never letting inventory reduce below 2 sets.

## **PHONELINE**

### Specific Purpose:

The Arkansas Regional Phonenumber Committee shall be one point of contact between the Region and the answering service and shall be responsible for maintaining contact numbers to prevent distribution of inaccurate information to addicts within, as well as visitors to, the Arkansas Region.

To insure accurate contact information each area will have a regional phonenumber workshop once every two years. Contacts on the patch list must attend a regional phonenumber workshop every two years to qualify for the patch list. On the alternate years when a regional phonenumber workshop is not required, the RCM or RCM Alternate will check the contacts on the patch list in their area for accuracy and report back to the phonenumber chair.

### Functions and Responsibilities:

- A. Operate and maintain the Arkansas Regional Phonenumber provided by a professional answering service. This committee shall function utilizing NA conference-approved suggestions as put forth in "A Guide To Phonenumber Service."

- B. Develop and maintain an instructional package of procedures, policies and guidelines for phonline operation by the answering service. Conduct periodic presentations for orientation of answering service personnel.
- C. Maintain a roster of contacts of Regional Administrative and Standing Committee Trusted Servants, which shall include committee position held, first name with last initial, and phone number(s). Keep the answering service informed as changes occur.
- D. Maintain communication with the answering service and any pertinent NA World Services contacts to ensure availability of the most current information.
- E. Develop and maintain a Phonline Orientation Package for the use of phonline volunteers. Provide training, such as group and individual orientations, for such volunteers.
- F. Provide a forum or pooling place for Area Phonline Subcommittees to share their experience, strength and hope.
- G. Conduct flyer days, learning days, and activities that will attract and keep phonline volunteers.

## **POLICY AND PROCEDURES**

### **Functions and Responsibilities:**

- 1) The Current RD and RD Alternate are to attend all meetings of the Policy and Procedures committee as members (it is strongly suggested that they are not to hold trusted servant positions in the committee). The most recent former RD is to serve on the committee for 2 years, after his/her term as RD is fulfilled.
- 2) The Policy and Procedures Committee is to have on hand copies of the *Consensus Workshop, ARSCNA Guidelines, and ARSCNA Policy & Procedures Manual* to give to new RCMs (so they can go over it between meetings of the ARSCNA)
- 3) The Policy Committee is to receive any new motions prior to the end of normal business on Saturday, to make sure the motion is clear, clean, and all necessary details are included, and the Policy Chairperson will bring these motions to the Administrative Committee meeting on Sunday morning.
- 4) The Policy and Procedures Committee will update the main copy of the Policy Manual after each meeting of the ARSCNA and will update the other available copies at the following RSC. A Master List will be kept ensuring that all copies have the most current revisions included.
- 5) The Qualifications, Duties, and Responsibilities for the internal Trusted Servants of the Policy and Procedures Committee are the same as current standing subcommittees stated in the ARSCNA Guidelines and Policy & Procedures Manual, with the following changes or additions.
  - (a) Chairperson – see Administrative Committee
  - (b) Vice-Chair – Suggested clean time 5 years, with a minimum of 2 years prior involvement in service to the ARSCNA (as a committee chair and/or a member of the Administrative Committee), it is recommended, not required, that the ViceChair be a former Chair (or Vice-Chair) of the ARSCNA or a former RD.

## **WEBSITE**

- A. Responsible for updating the NAWS Website with current and correct Regional meeting and trusted servant information.
- B. Access codes, for the website, are to be given to the ARSCNA Secretary, RD, and RDA.
- C. We shall change the current webhosting company from Bluehost to Basic Hosting Solutions.
- D. The domain/website that shall be hosted and monitored for the ARSCNA is "arscna.org".
- E. The hosting fees shall include updating and maintenance of the calendar, minute uploads, updating contact page contact information (example-changing email information for chair, vice-chair, secretary, treasurer, and so on).
- F. There shall be one liaison that will communicate all updates with the webservant.

- G. ARSCNA shall hire Jennifer D. from Central Arkansas as the web host and pay her \$15 a month to maintain and update a region website.

**Meeting List Criteria**

1. Use Area meeting lists as available.
2. For a Group not covered by an Area meeting list, there would be two requirements to be on Regional Meeting List:
  - a. Group must have 90 days in existence.
  - b. Group must be attempting to adhere to the Twelve Traditions.

Regional Meeting Lists should include the following items:

1. Area-Group Phonenumber numbers
2. Day and Time
3. Smoking or Non-Smoking
4. Handicap accessibility
5. Meeting type - Open or Closed
6. Meeting format - Topic, discussion, speaker, etc.
7. Meeting attended by predominately (men, women, etc.) when pertinent.

Regional Meeting List to be updated every three months. RCMs are responsible for getting up-to-date information to Website Chair.

**AMENDMENT OF GUIDELINES**

1. Amendments are to be recorded, kept in the ARSCNA archives, and guidelines are to be updated annually to coincide with election of Trusted Servants.

**POLICY CHANGES**

1. This Policy and procedures Manual is a living document that changes as policy continues to change and evolve through decisions made at the ARSCNA. All changes to the policy, unless specified during the making of the policy change motion, shall go into effect at the following ARSCNA meeting.

## Appendix to Policy Manual

### A. RULES OF ORDER – DEFINITIONS

**Adjourn** - means to close the session immediately.

**Amend** - (a pending motion) means to modify the wording of a pending motion and is considered a primary amendment (that is, it applies directly to the main question). The amendment is voted on by itself and before the pending motion. If the amendment is adopted, the main motion is pending in its amended form; if the amendment is not adopted, the main motion is pending in its original form. An amendment is generally amendable. This amendment is considered a secondary amendment because it applies to the amendment and not the main question. The secondary amendment is disposed of by itself and before the primary amendment. If the secondary amendment is adopted, the primary amendment is pending in its amended form; if the secondary amendment is not adopted, the primary amendment is pending in its original form.

A pending motion may be amended many times before final disposition; however, no more than one primary and one secondary amendment can be pending at any one time.

A member's vote on an amendment does not obligate him to vote in a particular way on the main motion. Because primary amendments, secondary amendments, and pending motions are voted on separately, it allows each member the freedom to be in opposition to the amendment(s) but in favor of the motion, or vice versa.

**Appeal the Chair** - means the ruling is taken from the Chair and decided by the assembly. By electing a Chair, the assembly delegates the authority and duty to make necessary rulings on questions of parliamentary procedure. However, members do have the right to appeal and have no right to criticize a ruling of the Chair unless they appeal the decision.

**Call to Question** - (vote) means to immediately close debate and the making of any subsidiary motions, except Lay on the Table, of a pending motion. If Call to Question is not adopted, debate continues. If adopted, the pending motion immediately goes to vote.

**Change Order of the Day** - means to take a question out of its proper order or to consider one before the time to which it was postponed.

**Division of Question**~ means the pending motion is divided into distinct and separate parts to be considered individually. The motion should state where the division(s) is to be.

**Lay on the Table** - means to set the pending motion aside temporarily when something else of immediate urgency has arisen. The proper form of the motion does not state when the matter will be taken from the table. The matter must be taken from the table before adjournment or the matter dies for that session. However, the matter may be introduced at another session as a new motion.

If the mover's intent is anything other than temporarily laying a matter aside until an emergency situation is taken care of, then the proper motions/actions are: Postpone Definitely, Postpone Indefinitely, or vote against the motion. The motion to Lay on the Table should be ruled out of order if its intended effect is to kill the motion for the current session. It is proper for the maker to state his reason or for the Chair to ask for the reason of Laying on the Table.

Since a motion that has been Laid on the Table is still within the control of the assembly, no other motion on the same subject that would substantially conflict or present the same question would be in order. To consider a conflicting motion or substitute, the tabled motion would first need to be taken from the table and disposed of.

**Limit or extend debate** - means the assembly can exercise special control over the total time of debate, the time each member has to debate, or the number of members who can speak on a pending motion or series of pending motions. This motion cannot impose an immediate closing of debate. The appropriate motion then would be Reconsider Previous Question. Extend Debate can be utilized when either all pros or all cons are exhausted. Unlimited debate occurs unless specific number of pros and cons are stated in the motion to Extend Debate.

**Order of the Day** - means any member can require the assembly to conform to its own agenda, unless the assembly then Suspends the Rules of Order or Changes the Order of the Day.

**Point of Information** - is a request directed to the Chair, or through the Chair to another member, for information relevant to the business being considered but is not a matter related to parliamentary procedure and requires no vote. A Point of Information is not properly used to create a discussion between two members.

**Point of Order** - means a member believes the rules of the assembly are being violated and is asking for recognition from the Chair to make a determination as to whether or not the procedure that the member feels is pertinent is being violated. A Point of Order is not a method or procedure to dispute the accuracy of something that another member has stated, but a way to keep the assembly working on the business that it is supposed to be working on and in accordance with its guidelines and other rules of order. This point needs to be made immediately at the time the perceived breach occurs. Also, it is undesirable to raise Points of Order on minor irregularities, if it is clear that no one's rights are being infringed on.

**Point of Personal Privilege** - permits a request relating to the rights and privileges of the assembly or any of its members to be brought up for possible immediate consideration because of its urgency, while business is pending, and the request would otherwise be out of order.

**Postpone indefinitely**- means that the assembly declines to take a position on the main question. Its adoption kills the main motion for the duration of the session and avoids a direct vote on the question. It is useful in disposing of a badly chosen main motion that cannot be either adopted or expressly rejected without possibly undesirable consequences.

**Postpone to a definite time**- means to put off action on a pending motion until a definite day, meeting or hour, or until after a certain event. This motion can be moved regardless of how much debate there has been on the pending motion. A question may be postponed to a more convenient time or because debate has shown reasons for holding off a decision until later. When the time to which a question has been postponed arises, the question can be postponed again if additional delay will not interfere with the proper handling of the postponed motion.

When consideration of the question is resumed at the specified time, the business is in the same condition as it was immediately before the postponement, including any adhering motions. If the postponed motion is taken up on a different day, the business is in the same condition as it was immediately before postponement, with all adhering motions, except the rights of debate begin over again as if it had never been updated.

**Recess**- means a short intermission in the assembly's proceedings which does not close the meeting, and after which business will immediately be resumed at exactly the point where it was interrupted. If a recess is provided for in the agenda, the Chair simply declares the assembly in recess. If the Chair does not announce a pre-scheduled recess at the scheduled time, a member can Call for the Order of the Day. If the assembly wishes to postpone a pre-scheduled recess, it can move to Suspend Rules of Order.

**Reconsider Previous Question** - enables a motion or amendment to be reconsidered if a member believes it was a hasty or ill-advised action or if new information or a changed situation has developed. However, it must be moved by a member who voted on the prevailing side (the seconder may have voted on either side) and it must be moved on the same day of the original vote. If the Reconsider Previous Question is adopted, the motion is brought before the assembly in the exact form as before the original vote was taken and is handled as if it had never been voted on, that is, it follows whatever parliamentary rules are appropriate to that motion, whether it is debatable, amendable, etc.



A member has the right to debate on the Reconsider Previous Question motion regardless of whether his rights to debate were exhausted on the original motion.

**Refer to Committee** - means to send the pending question or other issues to a committee so that the question or issue may be carefully investigated and put into better condition for the assembly to consider. The motion should specify which committee. If a special ad hoc committee is needed, the committee can be formed in the same or amending motion.

**Suspend rules of order** - enables the assembly to do something without violating one or more of its own regular rules, for instance, to bring a matter up at a different time than originally scheduled. The Chair cannot move this, but can entertain another member to make this motion.

**Take from the table** - enables the assembly to make pending again a motion that had previously been laid on the Table. If a matter is not Taken from the Table within the same session as the motion to Lay on the Table, the matter dies, although the matter can be reintroduced later as a new question. If the motion to Take from the Table is adopted, the original motion becomes pending in its exact form, including all adhering motions, as when it was laid down. When a matter is Taken from the Table, members who had exhausted their right to debate cannot speak again. -

**Withdraw a Motion** - means the assembly gives permission to the maker to withdraw his motion. This permission is only required after the motion has been stated by the Chair.

## **TYPFS OF MOTIONS;**

### **P - Privileged Motion**

Does not relate to pending business but is so important that it should be allowed to interrupt the consideration of anything else. In general, the highest-ranking motion. Privileged motions also have an order of precedence and there may be several pending at the same time.

### **S - Subsidiary Motion**

Assists the assembly in handling a pending motion. Always applies to the pending motion and does something to it without expressly adopting or rejecting it. Subsidiary motions also have an order of precedence and several may be pending at one time.

### **M - Main Motion**

Brings business before the assembly. Can only be made when no other motion is pending and ranks lowest in the order of precedence. No main motion is in order if it conflicts with national, state, or local law, or with the rules (principles) of the assembly. If such a motion is adopted, even by a unanimous vote, it is null and void. No main motion is in order, which presents substantially the same question as a motion previously, rejected during the same session.

### **I – Incidental Motion**

Deals with questions of procedure arising out of a pending motion or another item of business. Although it may resemble a subsidiary motion, it doesn't generally alter the pending motion, but the procedure. With few exceptions, it relates to the pending question and must be taken care of before business proceeds. It is difficult to set their order of precedence, since it depends on the particular set of circumstances each time.

### **B – Bring back a motion**

A motion that brings a question again before the assembly. Generally, can only be made when no other business is pending.

**RULES OF ORDER – SHORT FORM**

Motion Required	Speaker	Type	Second	Debatable	Interrupt	Amendable	Adoption
Adjourn		P	Yes	1 Pro/1 Con	No	No	2/3
Amend		S	Yes	3 Pro/3 Con	No	Yes	2/3
Appeal the Chair		I	Yes	1 Pro/1Con Chair	Yes (*4)	No	2/3
Call for Order of Day		P	No	No	Yes	No	(*2)
Call to Question (Vote)		S	Yes	2 Con	No	No	2/3
Change Order of Day		I	Yes	1 Pro/1 Con	No	No	Chair
Division of Question		I	Yes	3 Pro/3 Con	No	Yes	2/3
For area/group Conscience (*5)		I	Yes	3 Pro/3 Con	No	No	2/3
Lay on Table (*3)		S	Yes	No	No	No	2/3
Limit or Extend Debate		S	Yes	1 Pro/1 Con	No	Yes	2/3
Main Motion		M	Yes	3 Pro/3 Con	No	Yes	2/3
Parliamentary Inquiry		I	No	No	Yes	No	None
Point of Information		I	No	No	Yes	No	Chair
Point of Order		I	No	No (*6)	Yes	No	Chair (*7)
Point of Personal Privilege		I	No	No	Yes	No	Chair
Postpone Indefinitely (*3)		S	Yes	3 Pro/3 Con	No	No	2/3
Postpone to a Definite Time (*3)		S	Yes	3 Pro/3 Con	No	Yes	2/3
Recess		P	Yes	No	No	No	Chair
Reconsider Previous Question (*9)		B	Yes	2 Con (*10)	No	No	2/3
Refer to Committee		S	Yes	3 Pro/3 Con	No	Yes	2/3
Suspension of Rules of Order		I	Yes	1 Pro/1 Con	No	No	2/3
Take from the Table		B	Yes	No	No	No	2/3
Withdrawal of Motion		I	Yes *8	No	Yes	No	2/3

FOOTNOTES:

1. Time must be stated with the motion.
2. Must be enforced on demand of a member unless set aside by 2/3 majority.
3. Applies to the entire motion pending
4. Must be made immediately following Chair’s decision.
5. If questioned, motion will be automatically sent back to area/loner groups for group conscience.
6. Unless Chair submits question to assembly, then Yes.
7. Unless submitted to assembly, then 2/3.
8. Must be seconded by the seconder of the original motion
9. Only voting member of prevailing side can introduce.
10. Limited to participants who were on the prevailing side

## Treasury Maintenance Process

## ARSCNA Treasury

- 1) Prepare initial report.
- 2) Collect checks from the regional service body.
- 3) Write receipts, include check and receipt numbers.
- 4) Enter checks into the database.
- 5) Subtract \$200.00 quarterly accrual for RDA world travel which occurs bi-annually.
- 6) As checks are written, update the budgeted expenses list.
- 7) Your Message Center is an EFT they auto draft \$100.00 every month. At the beginning of each RSC, the EFT is accounted for in the ledger (always check to see if there is a balance owed and pay additional if needed).

Your Message Center, Inc.  
3181 Old Redlick Road  
Texarkana, TX 75503  
903-255-4800

- 8) Pay rent of \$100.00 to host.
- 9) Prepay MCI. They run anywhere from \$40.00 to \$60.00 a month, so we estimate 3 months in advance and then send them a check (we try to keep about \$200.00 in there just in case).

MCI  
PO Box 4644  
Iowa City, IA 52244-4644  
800-366-3122

- 10) Website Host, domain name, and maintenance payment is due at the February RSC \$194.95. This check should be given to Jennifer D. from Central Arkansas Area, the Website chairperson, via mail
- 11) PO Box fees are \$104.00 annually and due before March 14<sup>th</sup> so should be paid at the February RSC. Mail forwarding is paid in advance of service to ensure that our mail is sent. We should check this in January and July, so checks can be written at the February or August RSC meetings as needed.

UPS Store  
PMB 216  
1310 Eastside Centre Court #6  
Mountain Home, AR 72653-12  
Phone 870-424-6245  
Fax 870-424-3299

- 12) Write checks for budgeted expense requests. Make sure you know the line item for later budget updates.
- 13) Reconcile any funds returned from monetary requests at the last RSC. Make sure that people have turned in their receipts.
- 14) Write checks for non-budgeted motion requests.
- 15) To update the budget. Take every item within the ledger then copy and paste it into the budget. Add the new expenditures to the past expenditures and subtract this from the budgeted expense to determine the balance.
- 16) Reconcile bank statements.
- 17) Any funds over prudent reserve are sent to a general travel fund, NAWS and SZF. We set aside 10% for a general travel fund for ARSC trusted servants and subcommittee chair members, we send 20% to the Southern Zonal Forum and the other 70% to NAWS. After all expenses are paid, write the checks, get signatures and mail. Report any donations in the final treasurer's report.

Southern Zonal Forum  
C/O Dicky Davis  
10030 Highway 1045  
Amite, LA 70422

NAWS  
PO Box 9999  
Van Nuys, California 91409 USA  
Phone 818-773-9999  
Fax 818-700-0700

**Notes to Remember:**

November: The new budget is done each November.

Budgeted expense requests must be made on a treasury request form by the Administrative or Standing Committee Chairperson responsible to the ARSCNA for the specific line item in the budget but does not require a motion form unless the expenses are above the budgeted expenses. A receipt must be turned in to account for monies spent.

Any monies not budgeted require an approved motion and receipts turned in to account for the expenditures.

Current Bank Info:   Regions Bank  
                          2400 East Highland Drive  
                          Jonesboro, AR 72401  
                          870-931-1000

Signers:           Chair  
                      Vice Chair  
                      Treasurer  
                      Secretary